



# Academy of Sport and Fitness

40 Vogell Rd. Unit #32, Richmond Hill, Ontario L4B 3N6

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## SEASON 2018-2019 SCHEDULE

### ACADEMY RECREATIONAL PROGRAMS

	WEEKDAYS				WEEKEND	
	MON	TUES	WED	THURS	SAT	SUN
<b>PARENT &amp; TOT</b> (18 mos – 2 yrs)	<i>Create Your Own class! Bring a group of your friends together and we will design a class specifically for you!</i> <i>(Applies to Parent&amp;Tot or KinderFun programs; based on staff availability)</i>				9:15-10:15	10:15-11:15
<b>KINDERFUN</b> (2.5-3.5 years)					9:00-10:00	10:00-11:00
<b>JR. GYM FUN BEGINNERS</b> 1 HR (3.5-4.5 yrs)		5:30-6:30	6:15-7:15	5:00-6:00	10:00-11:00 11:00-12:00	10:00-11:00
<b>JR. GYM FUN INTERMEDIATE</b> 1.5 HRS (5-6.5 yrs)	6:30-8:00	5:30-7:00	4:45-6:15	6:00-7:30	9:00-10:30 10:30-12:00 1:00-2:30	9:45-11:15 11:15-1:15
<b>SR. GYM FUN</b> 2 HRS (7+, girls only)		6:15-8:15		6:30-8:30	11:00-1:00 1:00-3:00	11:15-1:15
<b>INTERCLUB (ADVANCED)*</b> 3 HRS (7+ yrs girls)	5:00-8:00			5:30-8:30		1:00-4:00 1:30-4:30
<b>BOYS JR. GYM FUN 1 HRS</b> (5+ yrs)					11:00-12:00	
<b>ADVANCED KINDER*</b> (3-5 yrs girls), <b>TEEN CLASSES &amp; TUMBLING CLASSES</b> -- contact office for information						

**JOIN ANY TIME!  
PROGRAM RATES WILL  
BE PRORATED**

\*CONTACT US FOR INFORMATION ABOUT OUR ADVANCED AND COMPETITIVE PROGRAMS, WHICH OFFER MORE LEARNING AND SKILL DEVELOPMENT OPPORTUNITIES.

### PROGRAM DATES & RATES

Our programs run from to Sept 8, 2018 to June 17, 2019

(JOIN ANY TIME: PROGRAM RATES WILL BE PRORATED)

	TWO PAYMENTS*	<b>*REGISTER FOR THE FULL YEAR BY NOVEMBER 30<sup>TH</sup> AND GET A 5% DISCOUNT ON THE SECOND PAYMENT</b>
PARENT & TOT	2 x \$300 = \$600	
KINDERFUN	2 x \$350 = \$700	
JR. GYM BEGIN. (1 HR)	2 x \$440 = \$880	
JR. GYM INTER. (1.5 HRS)	2 x \$600 = \$1200	
SR. GYM (2 HRS)	2 x \$800 = \$1600	

- **Gymnastics Ontario recreational membership fee** charged at registration once per season (\$40, non-refundable, HST incl.).
- **Program rates include HST. Sibling discounts available.**
- **Quarterly and monthly installments available** when registering for full year. Post-dated cheques. Full year discount on two- and four-payment options only (November 30<sup>th</sup> deadline).

TO REGISTER, OR WITH ANY QUESTIONS  
EMAIL US AT: [ACADEMYSPORTFITNESS@GMAIL.COM](mailto:ACADEMYSPORTFITNESS@GMAIL.COM)

### NO CLASSES / GYM CLOSED

Thanksgiving, October 8 (Monday)  
Halloween, October 31 (Wednesday)  
Winter Break, Dec.21 – Jan.6 (Fri-Sun)  
Family Day, February 18 (Monday)  
Competition Closure, March 1-3 (Fri-Sun)  
March Break, March 11-17 (Mon-Sun)  
Easter Monday, April 22 (Monday)  
Competition Closure, April 26-28 (Fri-Sun)  
Victoria Day, May 20 (Monday)

(all closures accounted for in schedule planning)

### WINTER BREAK CAMP

INQUIRE AT FRONT DESK

### MARCH BREAK CAMP

MARCH 11-15 (MONDAY-FRIDAY)